



Directions for Listening Session Activities

What might we create together in courageous, authentic relationship?

A Story of Strengths in Our Community

Tell your group your story about a time when you saw courageous, authentic relationships at work at UUFCO, a time when you felt particularly proud of what this church creates together, when you felt affirmed in your decision to be part of this religious community.

What was happening?

What were you feeling?

Who was involved and how?

What factors in you, in others, and in UUFCO made this peak moment possible?

Wishes for the Future

With the strengths of our community in mind, think about the possibilities for courageous, authentic relationship at UUFCO and beyond in the future. Imagine there are no obstacles, that the only thing you hear is, “Yes, we can do that!” What **three wishes** would you make for what we can create together in courageous, authentic relationship in the future? Although you don’t necessarily need a wish for each of the following areas, consider what we might create

- within our individual spiritual lives
- among the people of our congregational community
- beyond the walls of our church in our city and world

Future Visioning

Imagine it’s ten years in the future. Imagine we’ve built on our strengths in courageous, authentic relationship to make two or three of your group’s wishes come true. ***How is UUFCO changing lives now that these wishes have come true?***

As a group, choose which wishes to focus on and expand. What possibilities are most:

- **Desired** (in other words, if you got it, would you still want it?)
- **Bold** (is this adventurous/exhilarating in a way that would attract others?)
- **Affirmative** (can you state it positively and as if it’s already true?)
- **Grounded** (do you have examples of current strengths that lead you to believe your envisioned future is possible?)

As a group, create a simple graphic representation that shows the UUFCO of your desired future. Include a headline or brief description that helps us understand your vision. How does what you’ve envisioned for our future change lives, with ourselves as individuals, among the people in our UUFCO community, and/or beyond us in lives in our neighborhood or our world?